



## **Module 6: Parenting WITH and not OVER your child (when he/she messes up...)**

*Grab your notebook!*

Share a significant struggle you experienced with your teen and how you responded to it. **Give me all the details, including thoughts and feelings as you write.**

After you've shared the situation, given what you've learned in this module and the one on brain development, tell me what, if anything, you would have done differently in response to your son or daughter's words/behavior?

Why?

What do you think the biggest obstacle is to parenting *with* instead of *over* during these years?

What questions do you still have for me about this topic?

**I look forward to talking about this during our next session.**